

الحصان للتعليم  
ALHUSSAN EDUCATION

# JUBAIL INTERNATIONAL SCHOOL

## HEALTH AND SAFETY GUIDELINES

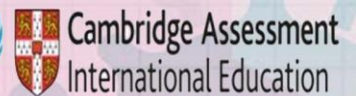
FOR COVID-19



JIS Health & Safety Committee, Child Protection and Students' Awareness Team




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# **Jubail International School**

(Academic Year 2020-2021)

## **Health and Safety Guidelines for COVID-19**

### **Our Vision**

Leaders of Excellence in International Education

### **Our Mission**

Al Hussan International Schools provide high quality education through a safe, stimulating, and multicultural environment to prepare leaders for a global society.

### **Our Beliefs**

At Al Hussan International Schools, we believe:

1. All students can learn and realize their full potential.
2. A safe and stimulating environment promotes quality education.
3. In respecting cultural and individual differences.
4. All stakeholders share the responsibility for advancing our mission.
5. In preparing students to pursue further educational goals.
6. Commitment to continuous improvement is imperative.

# **Health and Safety Guidelines for COVID-19**

According to its Guiding statement Jubail International School is committed to providing high quality education through a safe, prudent and stimulating environment to its students. Keeping in view the current situation due to COVID-19, JIS Health and Safety Committee, Child Protection Team and Students Awareness Team have prepared guidelines with certain measures and precautions for our stakeholders i.e. students, staff, parents and visitors.

# **General Information**

## **How to Protect Yourself and Others from COVID-19**

### **Know about COVID-19:**

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person. The virus that causes COVID-19 is a new coronavirus that has spread throughout the world. COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

### **Know how COVID-19 is spread:**

- You can be infected by coming into close contact with a person who has COVID-19. You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks. You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.

### **Symptoms of COVID-19:**

- If you have cough, shortness of breathing, chills, sore throat, muscle pain, fever, runny nose, diarrhea, feeling nauseous or vomiting, feeling tired, headache, loss of smell & taste and poor appetite, then you must visit the doctor.

## **Protect yourself and others from COVID-19:**

- The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19. Stay home as much as possible and avoid close contact with others. Wear a mask covering that covers your nose and mouth in public settings. Clean and disinfect frequently touched surfaces. Wash your hands often with soap and water for at least 20 seconds or use sanitizer.

## **Practice social distancing:**

- Buy groceries and other household commodities online when possible. If you must go in person, stay at distance from others and disinfect items you must touch. Get deliveries and takeout, and limit in-person contact as much as possible.

## **Know your risk for severe illness:**

- Everyone is at risk of getting COVID-19. Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.

## Precautionary Measures and Guidelines

### 1. For Students:

**The students are advised to abide by the following precautionary measures and guidelines to ensure their safety and personal hygiene:**

- Wear a mask before you leave the house, keep it on during the school hours and don't touch it.
- Wear hand gloves and face shield during the school hours if you feel comfortable with.
- Get your temperature checked before you enter the school premises.
- Practicing hand hygiene is a simple yet effective way to prevent infections. Cleaning your hands can prevent the spread of germs. Therefore, wash or sanitize your hands multiple times during the day.
- Cough and sneeze into tissue or crook of arm.
- Do not shake hands or have any physical contact with peers, teachers or anyone else.
- Avoid contact with walls, stair rails, door handles and unnecessary objects.
- Avoid touching your face, nose and eyes with unwashed hands.
- Disinfect the devices you frequently use, such as Desktops, Laptops, Ipads, Tablets, Mobile phones and stationery etc.
- Maintain a distance of 1.5 meters from others inside or outside the classroom and in the hallways.
- Bring your food, water, juices etc. from home as the canteen services will not be available.
- Do not share water/ juice bottles with anyone.
- Sit on your assigned seat in the classroom.
- Do not move around unnecessarily or sit/stand in gatherings with peers.

## 2. For Staff Members:

**To ensure the safety of our students and their own safety, all staff member will abide by the following guidelines:**

- Get temperature checked and recorded at the entrance of school.
- Must always wear a mask and hygiene their hands by washing or using sanitizers at regular intervals.
- Student desks must be arranged keeping in view social distancing guidelines.
- Arrange the classroom desks in rows facing the white and Smart Board.
- Class teachers /subject teachers/ assistant teachers shall be in the classroom before the arrival of students to receive them and to make sure they sit on their allocated seats.
- Spend first few minutes of their class on motivating the students for learning as they might be stressed due to COVID -19 situation and encouraging them to follow the safety precautionary measures.
- Have pair or group work if required while maintaining the distance.
- Bring water, food and beverages in locked bags and sealed cups. Canteen services will not be available.
- Do not share utensils, food or beverages with other staff members.
- Gathering, clustering or food parties are not allowed in school premises.
- Conduct departmental or routine meetings with maintaining social distance and ensuring all precautionary measures.
- Keep social distancing while talking to students, other staff members, parents or visitors.

### **3. For Parents / Visitors:**

- Must visit the school only with a prior appointment.
- In case the visitors numbers exceed, the school Admin may request the visitors to remain in their cars till other visitors leave the campus.
- Must wear masks before entering the campus.
- Get their temperature checked and purpose of visit recorded at the reception.
- Try to communicate with the school through phone call and email and visit the school only if it is necessary.

### **4. For School Clinic:**

- School Nurse will attend the students if they have any minor health concerns one by one in the clinic.
- In case any student feels temperature or any other symptoms of COVID-19 during the school hours, he/she will be kept in isolation and parents will be immediately contacted to take their child for necessary medical checkup.

### **5. For Day Care Staff:**

- Ensure the cleanliness of the Day Care Rooms.
- Wear face mask and gloves during the whole day.
- Follow the hygiene and social distancing guidelines for day care infants and babies.
- Check and keep record of their temperature daily.
- Only mothers wearing face masks will be allowed in day care.



## 6. For Bus Drivers:

- Bus drivers shall wear mask and gloves.
- Body temperature shall be checked and recorded daily.
- With the help of bus monitors, ensure to maintain social distancing by having an empty seat next to each passenger.

## 7. For Cleaning Staff

- Keep the premises clean and tidy throughout the day.
- Keep the classrooms, desks and chairs clean and sanitized.
- Door handles must be sanitized at regular intervals.
- Washrooms, staircases, and hallways shall be cleaned and sanitized all the time.

**The School Management and Administration of Jubail International School wish our students, staff and parents a very safe and stimulating Academic Year 2020-21.**

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### Prepared by:

- ❖ *JIS Health and Safety Committee*
- ❖ *JIS Child Protection Team*
- ❖ *JIS Students Awareness Team*

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